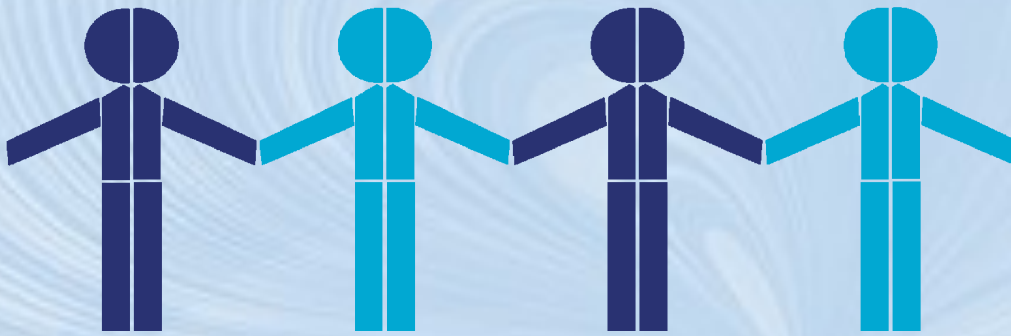




MHM Wales

Supporting people affected by
mental health through



SORTED

Share Our Recovery Through Eating Disorders

Peer 2 Peer Support for people with all types of eating disorders

An individual can be malnourished and suffering from physical complications of an eating disorder at any weight.

Eating disorders are mental illnesses and someone's level of suffering cannot be determined on the basis of their weight or physical health.

Meetings take place 6:30pm - 8pm

2nd & 4th Mondays of every month (excluding bank holidays) at:

MHM Wales, Union Offices, Quarella Road, Bridgend. CF31 1JW

Contact sorted@mhmwales.org