

## Health & Wellbeing Centre

Conveniently located in Maesteg town centre, Hartshorn House is a multi-agency base which has been developed to house health and wellbeing services for the Maesteg community and surrounding areas.

A partnership initiative between Bridgend Council, G4S and the Welsh Government; Hartshorn House has been completely renovated from what was once disused offices into a modern community hub of services which were previously only available by travelling between different locations.

Services operating within Hartshorn include help and support for substance misuse, domestic abuse, homelessness and counselling services. The centre also acts as a suitable venue for agencies to convene in its many consultation suites and office space; all of which are completely confidential.

# Hartshorn House

# Health & Wellbeing Centre

If you would like to make an appointment with any of the services shown overleaf, please contact the service directly on their number shown.

### Opening Hours:

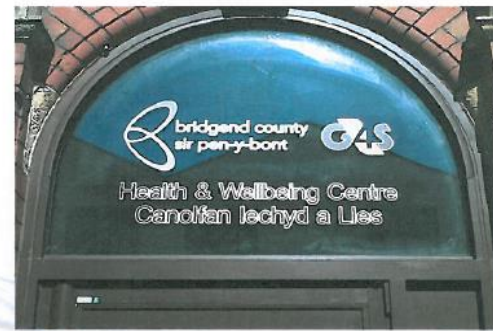
09:00 - 17:00

Monday – Friday

If you are an organisation who may wish to use the centre please contact the Centre Manager Julie Jones: [julie.jones2@uk.g4s.com](mailto:julie.jones2@uk.g4s.com)



0800 6 33 55 88



## Hartshorn House

### Health & Wellbeing Centre

1st Floor

Neath Road

Maesteg

CF34 9EE

Telephone: 01656 738320

### Opening Hours:

09:00 - 17:00

Monday – Friday



**CDAT** Community Drug & Alcohol Team  
Call: 01656 763071

**DASH** Drug & Alcohol self-help  
Call: 01656 650686

**Cruse** Bereavement Care  
Call: 01792 462845

**NSPCC** Caring Dads Programme  
Call: 0844 892 0290

**Llamau** Llamau Family Mediation  
Call: 07966981048

**relate** Relationship Counselling  
Call: 01792 480088

**BCBC** Child and Youth Counselling Service  
Call: 01656 754920

**GYID IOIS** Integrated Offender Interventions Service  
Call: 01656 767283

**mirus** possibilities into realities  
Call: 029 20236216

**Al-Anon** Family Groups  
Meetings 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of month 1.30pm

**BWA** Bridgend Womens Aid  
Call: 01656 766139

**terrence HIGGINS TRUST**  
Call: 07552399113 / 01792 477540

**victim support**  
Call 01656 679555

**STOP SMOKING WALES DIM SMYGU CYMRU**  
Stop Smoking Wales  
Call: 01656 786486

**Parc Supporting Families**  
Call: 01656 300351 / 01656 648080

**ARTHRITIS CARE**  
Support Group for people with Arthritis  
Call: 07891 556531

**Pregnancy Crisis** Call: 01656 654700

**Connecting families** Call: 01656 815420

**WGCADA** West Glamorgan Council on Alcohol & Drug Abuse  
Call: 01656 667717

**AGEconcern** Morganwg Ltd  
Nail cutting, Hospital Discharge & Support Plus  
Call: 01443 490650

**ABFAB** Call: 01656 647601

**nacro** changing lives reducing crime  
Call: 07900433721

**GP** Tros Gynnal Plant  
Call: 01656 669354

**tenovus** your cancer charity  
Call: 02920 768850

**Shelter** Cymru  
Call: 01792 469400

**Workways Gweithfyrdd**  
Call: 01656 815132

**Pen-y-bont ar Ogwr Mwy Diogel**  
**Safer Bridgend** PLUS MANY MORE ORGANISATIONS

Call all organisations direct to make an appointment