



Every Monday & Wednesday

10am - 15:00

Cefn Glas



Community Companions Cafe

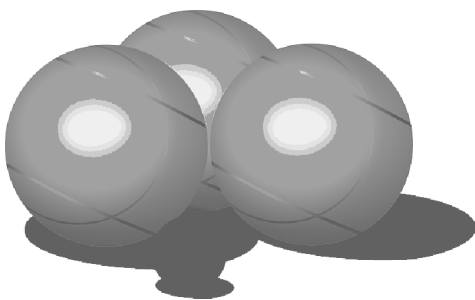
*Westward Community Centre, Llangewydd Rd.
Cefn Glas. CF31 4JR*

*Come along to the centre and enjoy the relaxed,
friendly atmosphere with a cuppa and a chat.*

**Everyone 50 and over is welcome and no referral
is needed - just drop in!**

Every Session

*PCSO Sara Edwards & PCSO Katie Andrews, Quoits, Boules,
Skittles, Arts & Crafts, Pool*



ARIENNIR GAN Y LOTERI
LOTTERY FUNDED

Mental Health Matters Wales, Union Offices, Quarella Rd. Bridgend. CF31 1JW
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