

Project Overview

Because of the sensitive nature of the group, the young peoples work will remain confidential to the group unless there are concerns. All those taking part will be made aware of this in the initial sessions.

Siblings will not be invited to the group together as children and young people in the same family can view their experiences differently.



For safety reasons this work is only undertaken with families where the abusive partner is no longer present in the home or thought to be a threat to the family.



01656 766139 T
01656 661840 F
bridgendwa.co.uk
PO Box 26, Bridgend
CF31 3YJ

Referral Information

Referrals should be made via a referral form available from;

Bridgend Women's Aid
PO Box 26
Bridgend
CF31 3YJ

Tel:
01656 766139

E-Mail:
info@bridgendwa.co.uk

Young Peoples Project

12-16 yrs



For young people who have experienced living with domestic abuse

 Young People's Information Services

Young Peoples Project



Young people are able to achieve the below aims with others who have similar shared experiences of domestic abuse.

How to access the project?

Referrals can be made to the project by: Mums, Social Workers, Teachers, Youth Workers or any other agency working with young people aged 12-16 years.

Young People Support Workers at Bridgend Women's Aid carry out an assessment, which is undertaken with mum and the young person to establish if this service is best suited to the individual needs.

Recent research shows that young people can benefit from attending group sessions.

Who is it for?

This project provides a support service for young people aged 12-16 years who have been affected by their experiences of living with domestic abuse.



Project Aims

The aims of the project are:

- To relieve isolation for young people
- To relieve sense of blame
- To provide the opportunity to express thoughts and feelings
- To learn about their rights as young people
- How to keep safe
- To allow them to think about their future
- To help re-build confidence and self esteem
- To relieve tension and anxiety
- To learn about healthy relationships



Siblings will not be invited to the same group together.

It is important to point out that while young people who have lived with domestic abuse very often display challenging behaviour, **this is not a challenging behaviour project.**